

Helping hands

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Locals give tips for those who want to volunteer

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'Whatever I can do to help out'

By NIKKI GREY

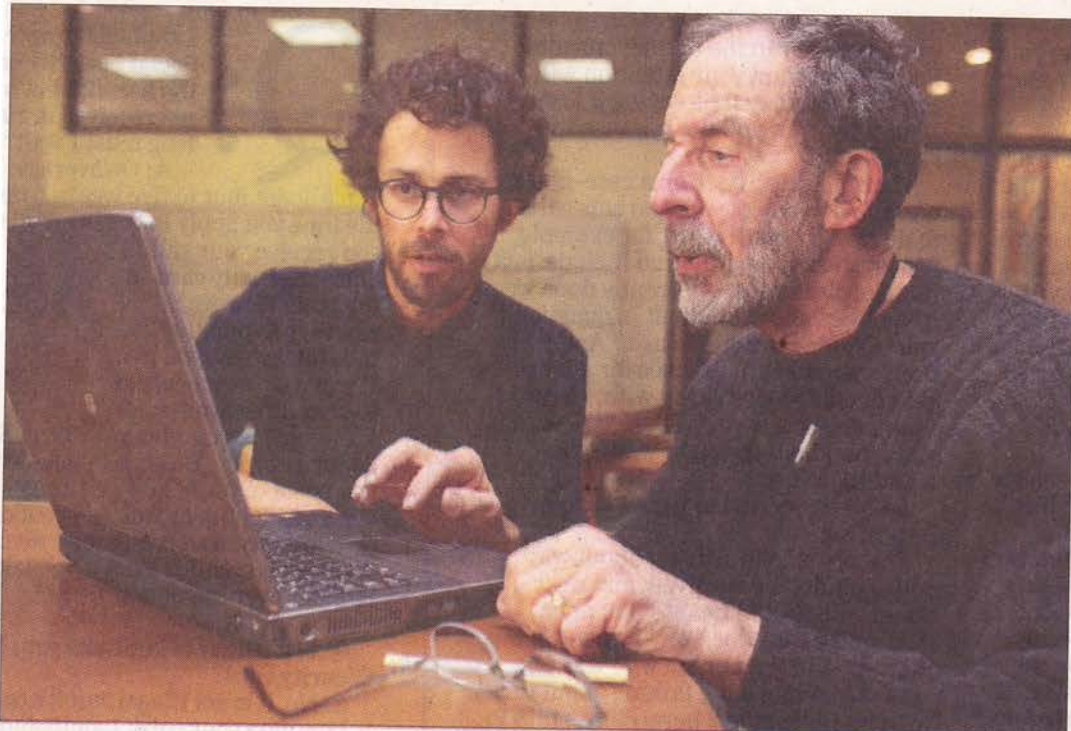
NEWS-PRESS STAFF WRITER

Volunteering helps others in need and in turn makes you feel great.

Sounds like a win/win, right?

Nevertheless, many of us often find reasons not to do it, even if we have the best intentions. It could be thinking we don't have enough time or not knowing where to get started.

Local volunteers and nonprofit workers have some tips to help get around some of these hang-ups. After all, just because the holidays are over doesn't mean you should stop giving.



CARMEN SMYTH / NEWS-PRESS

Milt Hess volunteers as a computer coach at the Central Library. Pictured here, Jace Turner, left, receives one-on-one coaching from Mr. Hess. One-hour sessions are offered five days a week by appointment through the library.